

Carol & Jaime,

6.8.11

THANK YOU FOR ASSISTING BEFORE, DURING, & AFTER THE BIRTH OF OUR DAUGHTER, LILAH.

YOUR SUPPORT & REASSURANCE BUILT OUR CONFIDENCE DURING A TIME OF UNCERTAINTY & VULNERABILITY.

CAROL, I FOUND IT VERY INCREDIBLE THAT I WAS ABLE TO AVOID BP MEDICATION W/ THE TECHNIQUES YOU USED TO ASSIST ME DURING LABOR. YOU WERE LIKE A MOTHER TO ME ~ WHEN LILAH CAME OUT & ALL THE FUSS WAS ABOUT HER, YOU WERE THERE TO GIVE ME FOOD & DRINK AFTER A LONG, HARD LABOR W/O NOURISHMENT. BEFORE GIVING BIRTH, I DIDN'T FULLY UNDERSTAND THE NEED FOR A NIGHT VISIT... HOWEVER I QUICKLY CAME TO APPRECIATE WHEN I FOUND MYSELF AT THE NEEDIEST POINT OF MY EXISTENCE, IN WHICH I WAS ALSO IN THE MOST DEMAND. OF COURSE THERE WERE ALSO MANY QUESTIONS I NEVER EXPECTED TO HAVE BEING AS WELL READ AS WE WERE.

JAIME, YOU ALWAYS HAD A GREAT SMILE & WERE SO KIND & ENCOURAGING. THE PHOTOS YOU TOOK ARE PRICELESS & THE VIDEO WAS SUCH AN INCREDIBLE SURPRISE! HOW YOU WERE ABLE TO DESPERATELY CAPTURE THE ENTIRE EVENT @ THE BEST POSSIBLE ANGLE WAS AMAZING! MY HUSBAND & I HAVE WATCHED MANY TIMES TO RELIVE THE MOST MOMENTOUS EXPERIENCE OF OUR LIVES ~ ESPECIALLY FOR ME IT WAS PRECIOUS BECAUSE AFTER SUCH AN ENDURANCE ACTIVITY FOLLOWED BY EXTREME SLEEP DEPRIVATION, YOU SO QUICKLY FORGOT THE PRECEDING MOMENTS - THOSE MEMORIES ARE CAPTURED SO WELL FOR US & ARE SO CHERISHED.

I NOW REALLY KNOW WHY YOU HAVE COMPLEX WRITE LETTERS WITH THEIR OPPOSITE HAND, IT IS TRAINING... I WOULD NEVER HAVE IMAGINED THE THINGS I CAN NOW DO ONE HANDED & WITH MY OPPOSITE HAND!

WITH LOVE & GRATITUDE & BLESSINGS,  
THE VANDERBILT FAMILY!  
JOHN, JEN, & LILAH!